



EASY TO FIND. HARD TO RESIST.

	Menu Item	Gluten	Wheat	Milk	Soy	Eggs	Peanuts	Tree Nuts	Fish	Crustacean
Sandwiches										
1	Veggie Sandwich	barley , wheat	*	*	soybean oil					
2	Ham, Salami & Provolone Sandwich	barley , wheat	*	*	soybean oil					
3	Ham, Turkey & Provolone Sandwich	barley , wheat	*	*	soybean oil, soy protein					
5	Smoked Turkey Breast Sandwich	barley , wheat	*	*	soybean oil					
6	Pepperoni & Provolone Sandwich	barley , wheat	*	*	soybean oil					
7	Turkey Sandwich	barley , wheat	*	*	soybean oil, soy protein					
8	Ham & Swiss Sandwich	barley , wheat	*	*	soybean oil					
9	Roast Beef Sandwich	wheat, barley	*	*	soy protein, soybean oil					
10	Tuna Sandwich	barley , wheat	*	*	soybean oil	*			tuna	
11	Hobo Combination Sandwich	barley , wheat	*	*	soybean oil					
15	Hot Roast Beef & Cheddar Sandwich	wheat, barley	*	*	soy protein, soybean oil					
16	Reuben Sandwich	barley , wheat, rye	*	*	soybean oil					
17	Hot Ham & Swiss Sandwich	barley , wheat	*	*	soybean oil					
Baby Bo	Baby Bo Tuna & Cheddar Sandwich	barley , wheat	*	*	soybean oil	*			tuna	
Baby Bo	Baby Bo Turkey & Cheddar Sandwich	barley , wheat	*	*	soybean oil, soy protein					
Baby Bo	Baby Bo Ham & Cheddar Sandwich	barley , wheat	*	*	soybean oil					
Grilled Sandwiches										
A	Plain Grilled Steak & Provolone Sandwich	barley , wheat	*	*	soybean oil, soy lecithin					
A	Plain Grilled Chicken & Provolone Sandwich	barley , wheat	*	*	soybean oil, soy lecithin					
B	Grilled Steak & Onions Sandwich	barley , wheat	*	*	soybean oil, soy lecithin					
B	Grilled Chicken & Onions Sandwich	barley , wheat	*	*	soybean oil, soy lecithin					
D	Grilled Steak, Peppers & Onions Sandwich	barley , wheat	*	*	soybean oil, soy lecithin					
D	Grilled Chicken, Peppers & Onions Sandwich	barley , wheat	*	*	soybean oil, soy lecithin					
E	Grilled Chicken & Mushrooms Sandwich	barley , wheat	*	*	soybean oil, soy lecithin					
E	Grilled Steak & Mushrooms Sandwich	barley , wheat	*	*	soybean oil, soy lecithin					
F	Grilled Steak, Onions & Mushrooms Sandwich	barley , wheat	*	*	soybean oil, soy lecithin					
F	Grilled Chicken, Onions & Mushrooms Sandwich	barley , wheat	*	*	soybean oil, soy lecithin					
H	Grilled Steak, Peppers, Onions & Mushrooms Sandwich	barley , wheat	*	*	soybean oil, soy lecithin					
H	Grilled Chicken, Peppers, Onions & Mushrooms Sandwich	barley , wheat	*	*	soybean oil, soy lecithin					
Toppings/Extras										
	Banana Pepper Rings									
	Ketchup									
	Onions									
	Oregano									
	Salad Dressing				soybean oil	*				
	Sandwich Oil				soybean oil					
	Sandwich Vinegar									
	Sour Cream			*						
	Thousand Island Dressing				soybean oil	*				
	Yellow Mustard									
	Yellow Mustard Packets									
Bread Varieties										
	French Bread	barley , wheat	*	*	soybean oil	*				
	Rye Bread	barley , wheat, rye	*	*	soybean oil	*				
	Whole Wheat Bread	barley , wheat	*	*	soybean oil	*				



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Baked Potatoes										
20	Plain Potato			*	soy lecithin, soybean oil					
22	Sour Cream			*	soy lecithin, soybean oil					
24	Melted Cheddar			*	soy lecithin, soybean oil					
25	Melted Cheddar & Bacon Bits			*	soy lecithin, soybean oil					
26	Melted Cheddar, Broccoli & Cauliflower			*	soy lecithin, soybean oil					
29	Sour Cream, Chopped Cheddar & Bacon Bits			*	soy lecithin, soybean oil					
30	Chili & Chopped Cheddar	oats		*	soy lecithin, soybean oil, soy protein					
30	Chili, Chopped Cheddar & Onion	oats		*	soy lecithin, soybean oil, soy protein					
31	Ham & Melted Cheddar			*	soy lecithin, soybean oil					
33	Taco Tato	oats		*	soy lecithin, soybean oil, soy protein					
Soups & Salads										
	Cheddar Baked Potato Soup	barley , wheat	*	*	*					
	California Medley Soup			*	soy protein					
	Chicken Noodle Soup	wheat	*		soy protein	*				
	Bean with Ham Soup	wheat	*		soy protein					
	Chili	oats			soy protein					
	Cream of Chicken with Wild Rice Soup	wheat	*	*	soy protein					
	Broccoli Cheese Soup			*	*					
	Baja Chicken Enchilada Soup			*	soy protein, soy lecithin, soybean oil					
	Vegetable Beef Soup	wheat	*	*	soy protein, soybean oil					
	Cheesy Chicken Tortilla Soup	wheat	*	*	soybean oil					
	Wisconsin Cheese Soup	barley , wheat	*	*	soy protein, soybean oil					
	Chicken & Green Chile con Queso	wheat	*	*	soy protein, soybean oil					
	Taco Salad	oats		*	soybean oil, soy protein					
	Chef Salad			*	soy protein				tuna	
	Grilled Chicken Salad			*	soy lecithin, soybean oil					
	Tuna Salad				soybean oil	*			tuna	
	French Dressing			*	soybean oil					
	Fat Free Ranch Dressing			*	soybean oil					
	Ranch Dressing			*	soybean oil	*				
	Fat Free Raspberry Vinaigrette Dressing									
	Thousand Island Dressing				soybean oil	*				
	Italian Dressing				soybean oil					
	Taco Sauce Packets				soybean oil					
	Salt Packet									
	Pepper Packet									
	Sugar Packet									
	Saltine Crackers	barley , wheat	*		soybean oil					



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Desserts & Drinks										
	Banana Nut Muffins	wheat	*	*	soybean oil, soy lecithin	*		walnut		
	Blueberry Muffins	wheat	*	*	soy lecithin, soybean oil	*				
	Buttercream (white) Frosting				soybean oil					
	Chocolate Cake	barley , wheat	*	*	soybean oil, soy lecithin	*				
	Chocolate Chip Cookie	barley , wheat	*	*	soy lecithin, soybean oil	*				
	Chocolate Frosting				soybean oil					
	Chocolate Pudding			*	soybean oil					
	Milk (Chocolate and White)			*						
	Peanut Butter Cookie	wheat	*	*	soy lecithin	*	*			
	Pumpkin Cake	barley , wheat	*		soybean oil, soy lecithin	*				
	Vanilla Pudding			*	soybean oil					

PLEASE NOTE: This list is based on product information and recipes provided by The Hungry Hobo suppliers and analyzed by On The Menu. We will make every effort to keep this information current however it is possible that ingredient changes and substitutions may occur prior to this list being updated. In addition, individual food items may come in contact with one another during preparation and that cannot be accounted for in this chart.

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